**Brought to you by...**

- University of Hawaii at Hilo Energy Savings and Sustainability Committee.

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**TIP OF THE WEEK!**

**Dust Away those Dust Mites**

Microscopic dust mites are everywhere in the home; our beds, clothing, furniture, book shelves & stuffed animals. For people with allergies or asthma, dust mites are a real problem.

- Vacuum all mattresses & pillows
- Buy zippered hypo-allergenic encasings that keep dust mites out
- Wash all linens at 130F (55C) or higher to kill the mites
- Avoid humidifiers, as dust mites thrive in warmth & humidity
- Sprinkle Tannic Acid Powder in problem areas to neutralize the allergens from the dust mite

(Source: eartheasy.com/live_natpest_control.htm)