Who is your pest control really hurting?

Especially here in Hawaii, insect pests are going to be found in every home.

In the air, carpet, counter or cupboard, we are sharing our homes with these tiny, often unseen invaders. Pesticides are available for most common household insect pests, but these potent chemical compounds may be more harmful to you and the environment than the pests.

Many pesticides have chemicals that attack your nervous system, store in fatty tissues, & of course, absorb into your lungs.

Over the next few weeks, we will be covering some natural, non-toxic remedies to deal with those pesty insects. This week, we will be covering Ants.

- Cleaning up any crumbs & sticky areas as soon as possible.
- Don’t leave any water laying around, as ants look for water.
- Spray ants & ant trails with soapy water.
- Set out cucumbers, as ants have a natural aversion to the m.
- Set out dry, crushed mint or cloves.
- Place any of the following into the ants’ point of entry, as they will not cross this:
  - Cayenne pepper
  - Citrus oil
  - Lemon juice
  - Coffee grounds
  - Cinnamon

Sources: eartheasy.com/live_natpest_control.htm & www.globalhealingcenter.com/top-10-hazardous-household-chemicals.html